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Moult strategies and morphometric precisions in the Lilford's woodpecker

Dendrocopos leucotos lilfordi

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Aspect of the Plumage of the Lilford's woodpecker

Article

Summary: This article presents a study of the plumage of the Lilford's woodpecker *Dendrocopos leucotos lilfordi*. The species performs a partial post-juvenile moult for the first-year birds and a complete post-nuptial moult regularly arrested for adults. The criteria presented make it possible to differentiate the two age-classes of a bird in hand. Furthermore, a difference in wing shape via the wing formula appears between females and males, suggesting a different internuptial or post-juvenile dispersal behaviour depending on the sexes.

Key words: post juvenile moult, post nuptial moult, wing formula

INTRODUCTION

The White-backed Woodpecker *Dendrocopos leucotos* sensu lato is a polytypic species (11 to 12 taxa) with a wide Eurasian distribution whose nominal subspecies covers a wide strip of taiga from Norway to eastern Siberia. The other subspecies inhabit isolates, one, *lilfordi* in the mountains of southern Europe and Caucasus and the others in southeast Asia (Japan, Korea, China) (Cramp 1985; Winkler *et al.* 1997, 2002; Gorman 2004; Grangé 2022).

30 This complex has also been the subject of a recent revision based on a genetic analysis of 9 of the
31 described subspecies (Pons *et al.* 2021). The conclusion of this work leads to a revision of this complex
32 into 3 distinct clades: *Dendrocopos leucotos* sensu stricto, *D. insularis* and *D. leucotos lilfordi*.

33 Lilford's Woodpecker *Dendrocopos leucotos lilfordi* (4 population centers without contact between them)
34 is isolated from *D. l. leucotos* in the mountains of southern Europe and the Western Caucasus in mature
35 forests with presence of beech sp. *Fagus sp.*, dead wood and high humidity (Grangé 2022). The habitat of
36 the species in the Pyrenees is the old beech forest (*Fagus sylvatica*) pure or mixed with fir (*Abies alba*)
37 constitutes its favorite habitat. This species is little studied, probably because of its mountainous habitat
38 (Purroy 1972; Grangé and Vuilleumier 2009; Carcamo Bravo 2016; Grangé 2022).

39 In the literature, the only biometric data published for the Lilford Woodpecker concerns wing length, bill
40 length, and mass. In Pyrenees, Danis (1937) and Purroy (1972) describe the moult and plumage
41 respectively of 1 and 2 individuals. The moulting pattern has also recently been described in detail for 19
42 adults including 4 young and 15 adults (Villanúa *et al.* 2021). Furthermore, nestling chicks have never been
43 described in detail before. The data pool is therefore quite small and deserves to be expanded. The
44 interest of a precise description of the plumage at the different ages of the bird is therefore of great
45 importance. A capture program of Lilford's Woodpecker obtained from the CRBPO (research center on
46 the biology of bird populations, Paris museum) (2014 to 2020) allowed us to specify the main physical
47 parameters of the bird: plumage, biometrics and moults (Grangé 2022). Many unpublished data appear
48 here, including, for example, the fledgling plumage characteristics and the wing formula of this taxon. We
49 also present a detailed study of age-dependent moulting strategies based on individuals captured in the
50 French western Pyrenees compared with the results recently published by Villanúa *et al.* (2021) with birds
51 of the southern Pyrenean slope.

52

53 MATERIAL AND METHOD

54 Captures were carried out in France, in the beech and beech-fir forests of the Béarn and Basque Pyrenees.
55 Two periods have been selected, spring when the young are reared and autumn, at the end of October,
56 with the upsurge of territorial demonstrations. These two periods allowed both to take advantage of the
57 territorial behaviour and also to circumscribe the supposed period of moult.

58 Juveniles are birds whose age is between birth and the end of the post-juvenile moult, between May and
59 September of the year of birth.

60 The young designation includes the age from the post-juvenile moult located during the summer of their
61 year of birth until the first complete moult which occurs during the summer of their second year of life. It
62 therefore includes first year individuals (until December 31 = 1yc) and second year individuals (from
63 January 1 = 2yc).

64 We use the term adult for birds after their first complete molt which occurs during the summer of 2yc.
65 Captures of adults were made using mist nets rising 10 m high in the immediate vicinity of the breeding
66 cavity. The use of playback (calls and drumming) and visual lures attracted the attention of the breeding
67 birds and stimulated their territorial defense behaviour. Juveniles were removed from the breeding cavity
68 2 to 3 days before fledging with a snare. Captured birds were ringed and color marked. Sexes of juveniles,
69 youngs and adults is determined by the tint of the crown (black for female and red for males).
70 Measurements were taken to calculate the wing formula following Svensson (1975) and the CRBPO
71 method (Demongin 2013). These measurements included the folded wing (LP), all primaries (P), their
72 notches and indentations, the primary projection (PP). The length of the tail (RC) corresponds to the
73 length of the rectrix 1 and is measured with the cleat method. We also measured the distances between
74 each primary and the tip of the wing (WP, Wing Point). Precision was maintained at half a millimeter for
75 feather measurements and to tenths of a millimeter for tarse length (LT) the length of head + bill, and bill
76 alone (from skull to tip, nostrils to tip, thickness and width from bill to nostrils), mass, body length and
77 wingspan.

78 We do not realize the wing formula of juveniles so as not to leave the nest empty for too long. For juveniles
79 we measure only the P8 was thus measured. The measurement of the P8 of the juveniles was then
80 compared to the average size of the P8 of post-juveniles of the same sex (a measured P8 of a female
81 juvenile is compared to the average of the post-juvenile female P8, same for males). The distance to wing
82 point of P1 and 2 was also measured.

83 Comparisons of means between males and females for the different measured values were tested in the
84 R software using the Wilcoxon test, the sample size being reduced.

85 We named the internal primary P1 and the outermost P10, in accordance with Ginn and Melville (1983).
86 The secondary 1 (S1) is the most external and the S11 the most internal (Figure 1). The tail feathers are
87 numbered 1 to 6 from the central pair outwards.

88 During the manipulations, a moult card was also compiled to define the proportion of old and renewed
89 feathers. Thus, the state of moult was recorded according to Ginn and Melville (1983) assigning the value
90 0 to the old feathers, 5 to the new feathers and 1–4 to the growing ones. Photographic archive was also
91 carried out according to a strict and standardized protocol (a dorsal view, a ventral view, the bird in profile,
92 the head in profile and from above, the sides wing open, the wing unfolded, the tail spread from above
93 and below.). This picture archiving allows us to highlight the importance of apterias in juvenile plumage.
94 In the case of recaptures between years, we considered only the first measurements.

95

96 **RESULTS**

97 Twenty-one Lilford's Woodpeckers were captured between 2014 and 2020: 3 youngs (2 males and 1
98 female), 7 adults (4 males, 3 females), 11 juveniles, pulli (9 females and 2 males), within a day or two
99 before to fledge.

100

101 **Characteristics of fledging plumage and biometrics**

102 The texture of the contour feathers of the chick's back, uppertail coverts, belly and flanks is looser. The
103 aptaria (featherless areas) are also more extensive. Thus the contour feathers are missing on the
104 scapulars, sides of the lower mantle, flanks, belly and underwings and downy or bare areas appear. These
105 characteristic apteries of juveniles disappear with post juvenile moult. Finally, the undertail coverts
106 remain clear without a pinkish-red hue. This last criterion therefore appears only with the post-juvenile
107 moult.

108 As in other Picidae, the external primary remige is wider and longer in the fledging, this criterion
109 disappearing after the post-juvenile moult (see the section on the wing formula). The tips of the outer
110 primary flight feathers are white on the two vanes with the shape of a brace or chevron. RC5 is very
111 pointed in the juvenile. In some juvenile females, a small reddish iridescence may appear on the forehead
112 and forecrown. The crown of males shows clearly red feathers, not just iridescence.

113 When fledged, the growth of juvenile flight feathers are yet not finished and waxy sheath remains at their
114 bases. At this very moment, females (n=9) weigh on average 87g (65-99.5g). They have an LP of 112mm
115 (98.5-119.5mm), a P8 of 75mm or 80.7% of a post-juvenile female P8, a head + bill of 53.1mm (52.9-
116 54.2mm) and a bill of 27.7mm (27-30mm). When fledged, juvenile males (n=2) have an average mass of
117 86g (75-97.5g), an LP of 115.9mm (113.3-118.5mm), a P8 of 86.1mm or 78.3% of a P8 of post-juvenile
118 male, a head + bill of 53.8mm (52.4-55.2) and a bill of 28.8mm (25-30mm). The distance between the tip
119 of the P10 to the tip of the Primary Coverts (CP) is on average 6.5mm +/- 1.95mm. Finally, R1 and 2 of
120 fledging juveniles are atrophied: the P1 is just emerging from the sheath up to 1 mm (stade 2) and the P2
121 is half grown (stade 3) (Figures 2, 3, 4, 5 and 6).

122

123 **Fledging relative size compared adults of the same sex**

124 11 juveniles (9 females and 2 males) have been measured. The relative size of the P8 length of juvenile
125 females just before fledging is 80.7% of post juvenile female. In addition, the bill is 71% and the head +
126 bill measurement is 81%. For the juvenile males, compared to post juvenile males, P8 grew in average
127 78.3%, the head + bill 81.2% and bill 78.9%. These feathers were still growing when they fledged (presence
128 of protecting shaft).

129

130 **Characteristics of Adult Plumage and biometrics**

131 In addition to the descriptions of the plumage already described in literature, we present here two new
 132 characteristics. (Figure 7). The RC5 is clearly rounded in the adult and the tips of the outer primaries are
 133 white on the outer vane alone. Sometimes, on the internal P, the tip is white on the two webs, with a
 134 black indentation along the rachis drawing a white tip in the shape of a brace reminiscent of the chick
 135 pattern.

136

137 **Biometrics and wing formula**

138 Lilford's Woodpecker has 10 primaries, 11 secondaries and 12 rectrices. We measured 10 breeders divided
 139 into 6 males and 4 females. For the adult male, the average wing length is 149mm (145.5-152.5mm). The
 140 mass is 108g (101.3-108.5g), LT is 28.3 (26.3-30.2mm), the bill is 38.4mm (38-39mm), the head + bill is
 141 68.6mm (68.2-69.5mm), RC is 90.5mm (87.5-95mm), P8 is 110.3mm (107-113.5mm), PP is 30mm (28.6-
 142 31.3mm). Total length is 264mm (262.5-266mm) and wingspan is 453mm (450-455mm). For the adult
 143 female, on average wing length is 147.2mm (145-149.5mm), mass is 101.3g (100.3-102.4g), LT is 25.3
 144 (25.1-28.1mm), the bill is 37.4mm (37.2-39mm), the head + bill is 65.7mm (65.1-66.2mm), RC is 87mm
 145 (85-89mm), P8 is 109.8mm (109-110.5mm), PP is 26.5mm (24-29mm). Total length is 260mm (258-
 146 263mm) and wingspan is 434mm (429-441mm) (Tables 1, 2, 3 and 4). On average all sexes combined, the
 147 wingspan reaches 443.5mm, and the total body length is 262mm. The average mass all sexes combined
 148 at the end of the breeding period is 106g.

149 In adults, the average distance between the P10 and the tip of the primary coverts is short: 2 mm (-2;
 150 4mm). In the pullus, at fledging, this is 6.5 mm (1.5; 10.5mm).

151 The wing tip (WP) corresponds to the P6 (80% of cases) or the P7 (20%). In general, P 5, 6 and 7 (sometimes
 152 8) show an emargination (notch) and P 5, 6, 7, 8 (sometimes 4 and 9) show an indentation (Tables 1 and
 153 2). The bill is always longer than the head.

154

155 The size dimorphism is not very pronounced in favor of the males on the main values, on average 4%.
 156 However, some measurements are clearly different such as the tarsus length (LT), on average 9% shorter
 157 in the female (Wilcox test=24; p-value=0.01306) or the width of the bill which is on average 14% lower in
 158 the female (Wilcox test=18; p-value=0.2263) and the thickness of the bill -16% for females (Wilcox test=24;
 159 p-value=0.01306) and the length of head + bill -7% for females (Wilcox test=44; p-value=0.01335) (tables
 160 3 and 4).

161 The wings of the females seem more pointed, while having an end closer to the leading edge (P7). Males
 162 appear to have a more retracted wing tip (P6) and proportionately narrower wings (Tables 5 and Figure
 163 12).

164

165 Molt**166 Juvenile molt**

167 Juvenile Lilford's Woodpeckers undertake an extensive partial post-juvenile molt after fledging including
168 all body feathers. Of the 11 chicks taken from the nest a couple of days before fledging, none had started
169 the post-juvenile molt. Our work shows that this molt begins with certainty after flying from the nest.
170 Large areas of apteria on flanks and underwing coverts will be covered in down and contour feathers. The
171 pinkish-red hue on undertail coverts appears with the post-juvenile molt.

172 On the wing, the molt begins with the inner primary and continues towards the outer primaries. The
173 lesser coverts are all renewed but in one 2yc, we observed 2 external PC retained. The median coverts
174 (the outermost ones are sometimes retained) and the alula feathers (when they are) are also replaced.
175 The largest alula is retained at 50% according to our sample. A moulting limit therefore appears there
176 sometimes. Part of the greater coverts, the six inner ones, is renewed. In general, therefore, moulting
177 limits appear, showing a contrast of discoloration of the dark parts. The RC are also changed. One to two
178 primary covers are renewed but they are not necessarily contiguous (Figures 8 and 9). The S feathers are
179 also retained.

180

181 2yc and adult molt

182 The start of molt begins at the end of May as shown by a bird captured on 06/02/2018. The P1 had a
183 numerical score of 3 (in its second third of growth), P2 had a numerical score of 2 (in its first third of
184 growth, 1 mm out of the pin). The corresponding CP were missing (Figure 11). Outer MC and PC were also
185 missing. Outer RC 5 and 6 were surprisingly missing on the left side of the tail.

186 The adult molt is a complete post-nuptial molt regularly arrested on the S. In between 50% and 62.5%
187 of cases, the central S4 and 5 are not renewed. The GC are all replaced, and the P molt from the inside
188 to outwards. The S are renewed from two foci, one from the outer S, and the other centrifugal from the
189 inner seven or eight S (Figure 12).

190 All birds captured at the end of October in the western Pyrenees had ended their annual molt. Moreover,
191 the molt limits observed in the spring show no new feathers, but rather two generations of old feathers.
192 Therefore, no prenuptial partial molt was detected.

193

194

195 DISCUSSION

196 **Moult period**

197 Our study is the only one that factually limits the moulting period between the end of May and the end
 198 of October. Unfortunately, the capturability of the Lilford's woodpeckers at times other than the rearing
 199 of the young or the pre-winter dispersal period in late October is very low and all attempts have ended in
 200 failure. However, the absence of new feathers in spring shows that only one moulting period occurs during
 201 the year.

202 We found that the moult of Lilford's Woodpecker follows the same modalities as those observed by other
 203 authors observations (Cramp 1985; Villanúa *et al.* 2021). Concernant *Dendrocopos l. leucotos*, Butev *et al.*
 204 (2005) places the post juvenile moult from mid June to late October for birds of the northern Russia.
 205 Cramp 1985 places the moult from mid may to late September for late September for Scandinavian birds.
 206 In the Pyrenees, we can certify that in the nest, the juveniles have not started their post-juvenile molt
 207 unlike Eurasian Wryneck *Jynx torquilla* or Tree-Toed Woodpecker *Picoides Tridactylus* (Sibley 1957; Sutter
 208 1974; Winkler 2020).

209 The moult of young and adult Lilford woodpeckers begins in the Pyrenees at the end of May and is
 210 completed by the end of October. Thus, Danis (1937) described an individual who was in the process of
 211 moulting its P4 and for which RC4 and 5 were missing. In September, another individual finished moulting
 212 its primaries by P10, the tail moult being completed. Purroy (1972) in Iraty, specifies that two birds
 213 captured on October the 1st and the 2nd finished the moulting of their primaries by moulting P 9 and 10
 214 respectively. Villanúa (2021) also specifies the dates of this unique annual moult. Our study confirms this
 215 period for juveniles, youngs and adults. Thus, we captured a bird which had started its moult in the very
 216 first days of June, placing the start of moult in the last days of May, and 2 others in mid October which
 217 had completed it.

218 **Moult pattern and plumage characteristics according to age**

219 **Post juvenile moult**

220 Our analyses on Lilford's Woodpecker are consistent with the literature and are very similar to those of
 221 Villanúa *et al.* (2021) on juvenile Lilford's Woodpecker. Juveniles replace P, RC and contour feathers,
 222 retaining S and some GC. Thus, five large coverts are concerned on the north and south side of the
 223 Pyrenees in 100% of cases. The only differences are that two additional greater coverts are moulted in
 224 only 25% of cases on the southern slope (Villanúa *et al.* 2021), and a few outer middle coverts are retained
 225 in 25% of cases on the northern slope. However, we had one case of a juvenile which had exceptionally
 226 moulted 2 CP. This point is discussed by different authors. Thus Baker (2013 and 2016) and Demongin
 227 (2013) specify that some CP can be replaced at random. This seems confirmed in the post juvenile moult
 228 of Lilford woodpecker. However, for the other woodpeckers, Pyle (1994) in north American woodpeckers
 229 (without *Dendrocopos* species) and also Winkler (2013) (including *Dendrocopos* species) assert that PC are
 230 never replaced. Our small sample does not allow us to establish a reliable percentage of the occurrence

231 of this scenario. The statistical volume would need to be increased to clarify this point. Perhaps birds with
232 more oceanic than continental climates have more extensive moults.

233 The difference in pattern between juvenile feathers (showing a white chevron on the tip of the primary)
234 and post-juvenile flight feathers (without a chevron) is first described here for *lilfordi* (Figures 1, 2 and 7).
235 This juvenile pattern is common with other species of the *Dendrocopos* and related genera, such as the
236 White-backed Woodpecker *D. leucotos* (Cramp 1987), the Great-spotted Woodpecker *D. major*, the
237 Middle-spotted Woodpecker *Leiopicus medius* and the Lesser-spotted Woodpecker *Dryobates minor*
238 (Demongin 2013). This character therefore seems to be inherited from a common ancestor. It allows bird
239 in hand to confirm the moult of all the primaries during the post-juvenile moult. In addition, the larger
240 size of P10 compared to adults is also a character present in *lilfordi* and all woodpecker species. The tip
241 difference of the C5, on the other hand, is described here for the first time.

242 Finally, it should be noted the total absence of pink feathers on the undertail, lower abdomen or lower
243 flank in *lilfordi* juveniles. These pink-tinged feathers only appear after the post-juvenile moult.

244 **Post nuptial moult**

245 2yc and adults undertake a complete post-nuptial moult starting with R1 and 2, the corresponding CP,
246 and the distal part of the MC and PC. The S moult from two foci which are S1 or 2, and S7 or 8. If we
247 compare our results with those of Villanúa *et al.* (2021), we find that the moult seems to be more largely
248 arrested on the northern Pyrenean slope with cooler temperatures: 100% of S5 and S6 are moulted on
249 the southern slope against respectively 50% and 75 % on the northern slope. The absence of RC5 and 6
250 on the left side of the tail of the moulting bird that we captured on 06/02/2018 is not in agreement with
251 the literature (Danis 1937; Villanúa *et al.* 2021). It should therefore be an accidental fall, especially since
252 the absence of these feathers is not symmetrical, on the right side, RC5 and 6 were present.

253 Kiat *et al.* (2019) demonstrate the influence of temperature on moult extent using data from ten natural
254 history collections. Regarding 4012 individuals from 19 species of passerine birds nesting in the western
255 Palearctic, they show that the extent of post-juvenile moult has increased significantly over the past 212
256 years (1805-2016), a trend that is positively correlated with increasing environmental temperature.

257 Thus, climatic conditions could also play a determining role in the extent of the post-juvenile or post-
258 nuptial moult of Lilford's Woodpecker.

259 **Measurements and wing formula**

260 Comparison of folded wing and bill measurements between *lilfordi* from the French Pyrenees and
261 elsewhere in Europe shows that it is in the Pyrenees that the birds are the largest. Similarly, Lilford's
262 Woodpeckers of the northern Pyrenean slope are larger than the Scandinavian or Central European *D.*
263 *leucotos*, yet further north, contrary to Bergmann's rule (Grangé 2022) (Table 5).

264 The a priori comparison between the adult wing shape of *leucotos* and *lilfordi* does not show any major
 265 difference but we observe that the values of P1 and P2 compared to WP in the literature for *leucotos* are
 266 in the average of males/females *lilfordi*. The pool of data in the literature therefore certainly includes both
 267 females and males. On the other hand, the tip of the wing of both sexes in *leucotos* is similar to that of
 268 *lilfordi* females alone (pointed on P7), an effect reinforced in *lilfordi* females by the distance between P10
 269 and P9 which is clearly longer in *lilfordi* (Table 5 and Figure 13).

270 In *lilfordi*, the wing formula therefore differs between males and females. Females show a "pointier wings"
 271 phenotype and males show more squared wing tips. The selective phenomenon which gradually leads to
 272 this slight dimorphism is probably linked to differences in behaviour. The wing formula of *leucotos* (both
 273 sexes) closely resembles that of female *lilfordi* for the tip of the wing. But the propensity for movement is
 274 greater in *leucotos*. It is commonly accepted that migratory birds have more pointed wings than sedentary
 275 ones (Lockwood *et al.* 1998). It is therefore possible to think that females *lilfordi* move more than males
 276 and that this influences by natural selection more pointed wing shapes. Can there be a cause-and-effect
 277 relationship to the shape of the wing? Perhaps the inter-breeding behaviour of female *lilfordi* is more
 278 dispersive than male. In any case, we have only 1 inter-annual check of female on 4 ringed over 7 years of
 279 monitoring whereas we were able to check 4/6 males, over several years, who are then more sedentary
 280 and philopatric. A trend, to be verified due to the small sample, seems to be emerging.

281 **Sexual dimorphism**

282 The adult sexual dimorphism in *lilfordi* was not very pronounced (4%). However, this is not the case for
 283 the tarsus length (9%, Wilcoxon test=24; p-value=0.01306) and the bill thickness (16%, Wilcoxon test=24; p-
 284 value=0.01142), widths at nostril (14%, Wilcoxon test=18; p-value=0.2263) (Table 4), and the length of head
 285 + bill (7%, Wilcoxon test=44; p-value=0.01335). The male does most of the work of drilling the breeding
 286 cavity (Ivanchev 1997; Grangé 2022). These elements are associated with greater drumming activity in
 287 males (Verthein 1935, Schubert 1969). In addition, the female physiologically prepares the egg laying by
 288 spending a lot of time feeding (Grangé, 2022). This distribution of tasks necessary for better reproductive
 289 success seems to gradually accentuate sexual dimorphism in bill size (Grangé and Helfenstein 2023).

290 The slightly different mode of foraging between the sexes could be another phenomenon tending to
 291 accentuate the dimorphism of the bill. Males have a greater tendency than females to dig the lower and
 292 thicker parts of trees. They frequent the branches less than females, who mainly use gleaning and
 293 hammering of the bark, rather than the deep attack of the wood (Purroy 1972; Senosiain 1977; Grangé
 294 1991a, 2022; Bernoni 1994). This morphometric difference of the bill is involved in a difference of
 295 ecological niche favorable to the two members of the pair.

296 **Fledglings' plumage**

297 Juveniles fledge when their flight feathers have reached 80.7% and northern slope Pyrenees. According
 298 to Stenberg (1998) in Norway, this happens at 70% to 75% of their total growth. Their bill is also grown at

299 the rate of 70%. Independence flight and autonomous foraging is impossible. The dependence phase lasts
300 a minimum of three weeks (Campión *et al.* 2020; Grangé 2022).

301 The plumage dimorphism of juvenile Lilford's Woodpeckers is evident. The females have a clearly black
302 crown, rarely slightly iridescent with red at the tips of some feathers, while the males have an entirely red
303 crown (Grangé 2022; present study). Female *lilfordi* therefore differs somewhat from descriptions known
304 for juvenile *leucotos*. For this taxon, while the crown of juvenile males is also red, juvenile females show
305 a varying number of localized red markings on the forehead (Stenberg 1998).

306 **Juvenile P1 and 2 growth delayed.**

307 We found in juvenile Lilford's woodpeckers a delayed growth of the two inner primaries (Figure 6). R1
308 being in its waxy sheath and R2 being half pushed, it cannot be a question of the beginning of moult in
309 the cavity. Indeed, if the R had started to moult, R1 would have fallen first and would have started to grow
310 before R2. R1 would therefore be greater than R2. All juveniles Lilford woodpeckers showed a short R1
311 and a half R2. Chapin (1921) reported that it appeared in 24 species out of the 29 he studied. Among these
312 species is the Great Spotted Woodpecker *Dendrocopos major*. According to Chapin (1921), this feature
313 limits the effects of lack of space in the nest by allowing a second chick to feed at the entrance hole by
314 passing its head through the wings of the first chick already present at the entrance of the cavity. The food
315 delivery would be more homogeneous and more young would thus manage to take flight in good
316 conditions. However, in many species of medium-sized Woodpeckers, only one young at a time has access
317 to the entrance of the chamber, making this explanation unlikely for small to medium-sized Woodpeckers
318 (Grangé 2022). For Sibley (1957) and Koenig *et al.* (2006), the main advantage resulting from this was an
319 opportunity for energy saving. In fact, juvenile Picidae are the only birds to undertake a complete moult
320 of the primary flight feathers immediately after fledging. Sutter (1974) compared juvenile wing formula
321 to adult wing formula for several species including *Dendrocopos major*. The juveniles that we captured
322 shortly before fledging had R's still growing and therefore we did not measure each R independently.
323 However, we observed R2's each time at half-growing and a vestigial R1 compared to neighboring R. Our
324 results therefore agree with those of Sutter. According to him, for the great spotted woodpecker *D. major*,
325 this has to do with the unusually early onset of the juvenile moult which starts with a nesting period of 22
326 days around day 20 and lasts 4 months.

327

328

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340

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443 **ILLUSTRATIONS**

444 Figure 1: Topography of the wing of a male Lilford's woodpecker. P: primary flight feathers. S: secondary
 445 flight feathers. Al: alula. CP: primary covers. GC: Great covers. MC: medium covers. PC: small covers.
 446 CMa: Marginal covers. S9*: Rémige secondary 9 missing here because taken for the purposes of a
 447 genetic study. (Photography Pierre Navarre)



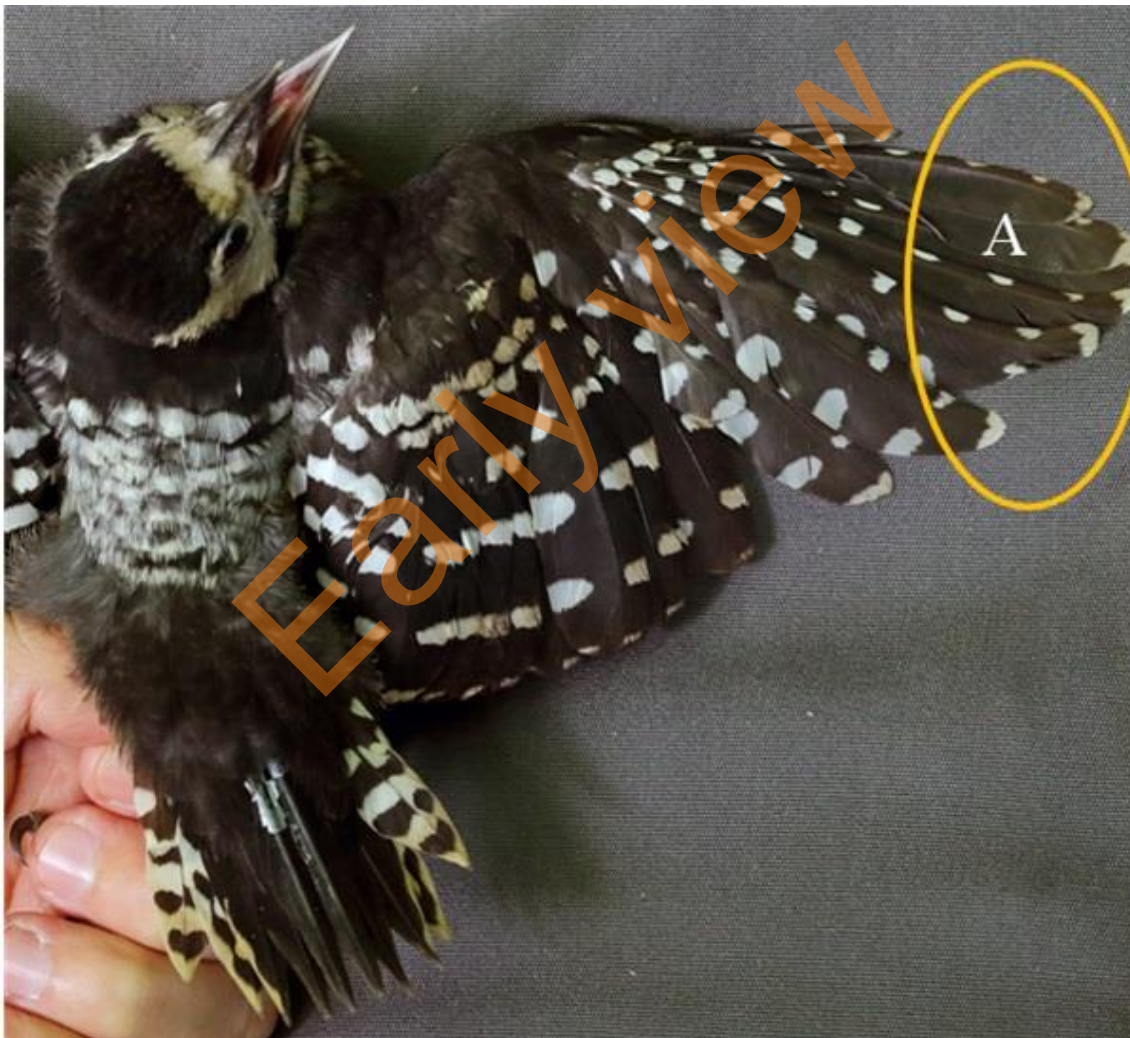
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451 Figure 2: Lilford's woodpecker pullus female at fledging and characteristic pointed shape of the 5th
452 juvenile rectrix.

453 All feathers are from the same generation. The P8 measures 80.7% of the P8 adult females average size.
454 The P1 is still in the sheath state (calamus). The P 2 is grown about half the adult size. It can in no way be
455 a question of an early moult of the P. Indeed: in this case, the P1 would be half-grown and the P2 would
456 be in the sheath state. The pattern of P (A) is characteristic of juveniles with white chevron-shaped tips.
457 This criterion is always absent from the post-juvenile external Ps although sometimes still present on the
458 three to four internal Ps. The distance between the tip of the P10 (grown to 80%) to the tip of the Primary
459 Covers (CP) is here 8.5cm. On average, this distance is 6.5mm +/- 1.95mm in the pullus. (Photography
460 Pierre Navarre).



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464 Figure 3: Upperparts aptery on scapulars and lower side of mantle characteristic of a juvenile
465 (Photography Candice Guyot)



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Early View

469 Figure 4: Aptergeria of the flanks and underwings characteristic of a juvenile. (Photography Candice Guyot)



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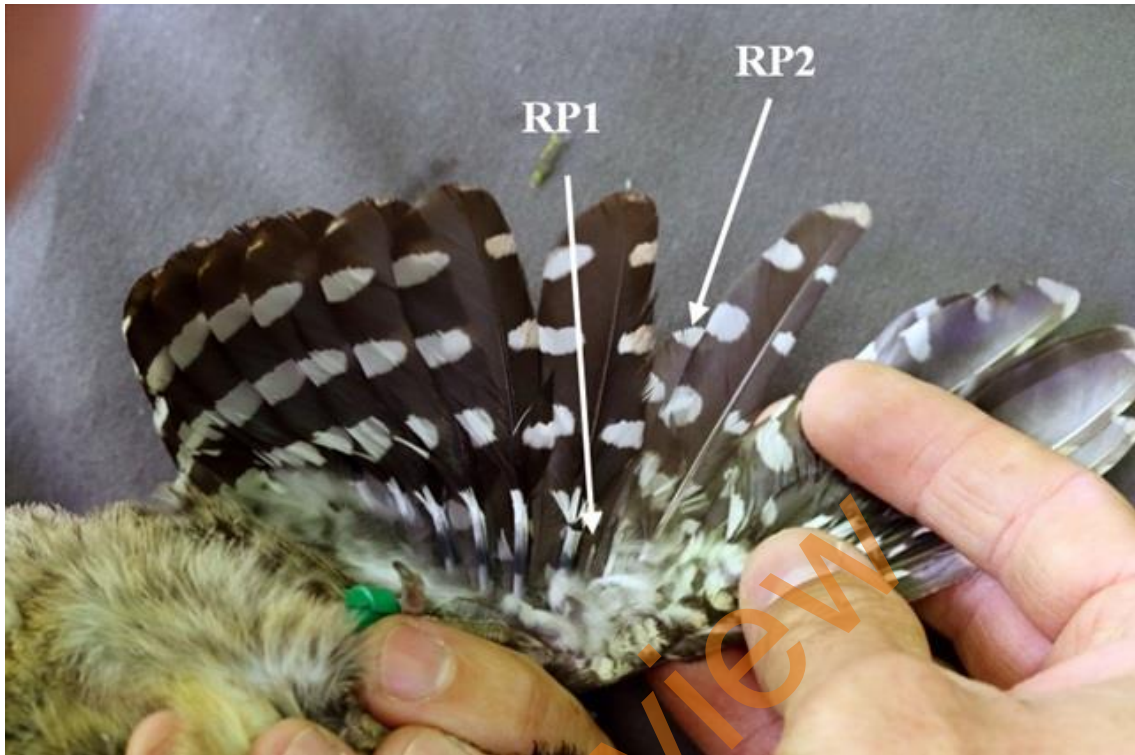
472 Figure 5: Apterias of the belly characteristic of a juvenile and the undertail coverts without pink tint.
473 (Photography Candice Guyot)



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476 Figure 6: R1 and R2 growth delayed



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480 Figure 7: Lilford Woodpecker adult male: flight feathers of the wing dotted with 5 white spots on the
481 two vanes of the secondary remige S and 7 on the outer vane of the primary remige P. Adult's fifth
482 rectrice is clearly rounded. Note that the tips of the outer primary flight feathers are white on the
483 external vane only. (Photography Stéphane Hommeau, ringer Laurent Joubert).

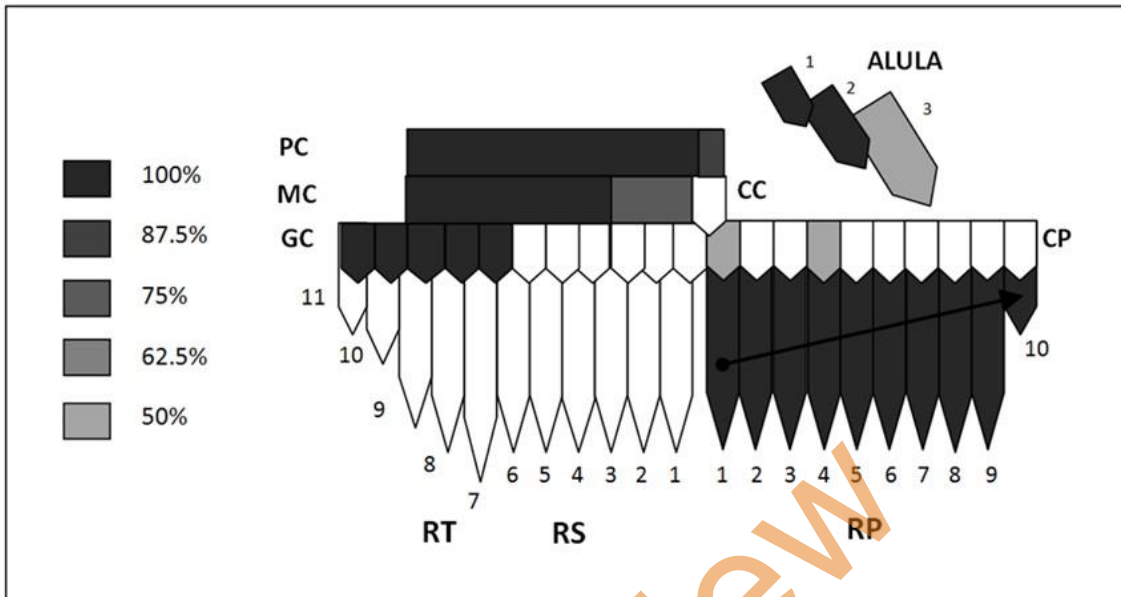


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487 Figure 8: Diagram of post-juvenile partial moult of the Lilford woodpecker in the French Pyrenees
 488 (Urbina-Tobias and Grangé).



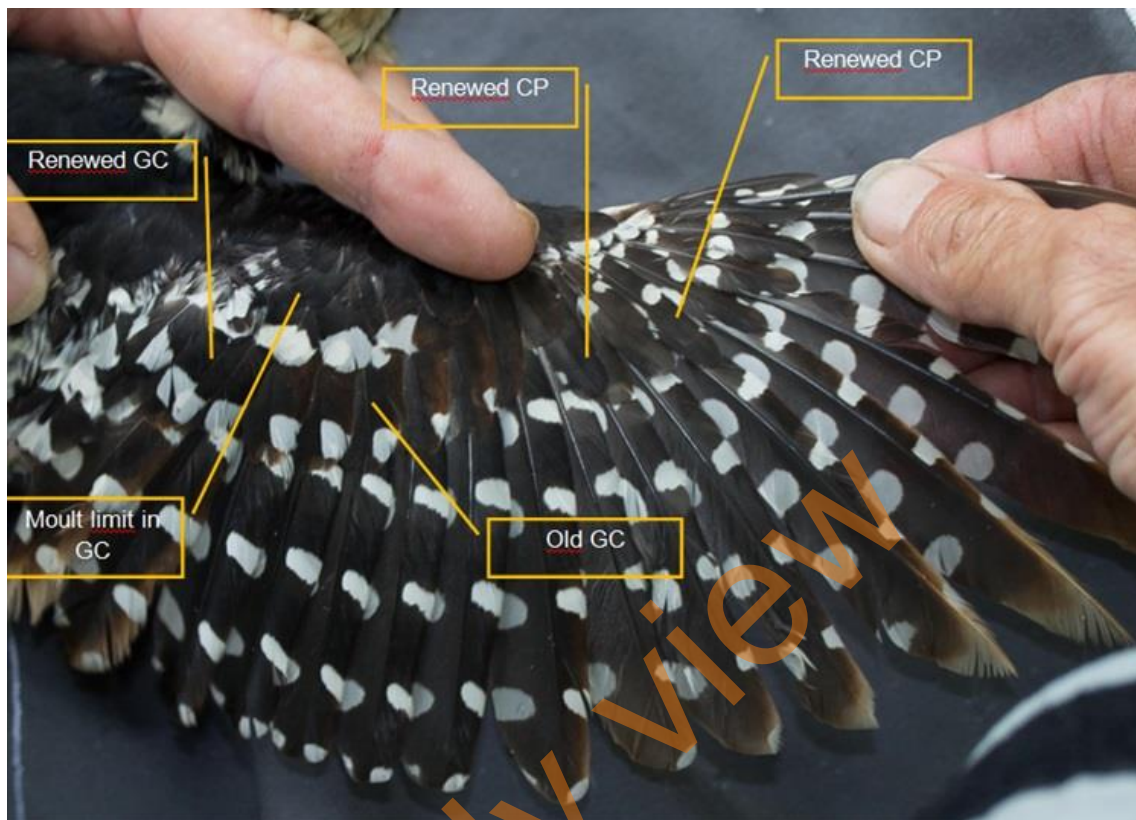
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Early View

492 Figure 9: 2yc Lilford woodpecker with exceptionally 2 CP renewed in the last post juvenile moult
493 (Photography Stéphane Hommeau, ringer Laurent Joubert).



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497 Figure 10 : Lilford woodpecker, 2yc. 06/02/2018. Beginning of the post nuptial moult, P1 and P2 in state
498 3 and 2. The corresponding CP are missing. Outer MC and PC are also missing. 6 outer GC are fledging
499 feathers. 5 internal GC are post juvenile feathers. All S are juvenile feathers of the same generation
500 (photography Pierre Navarre)

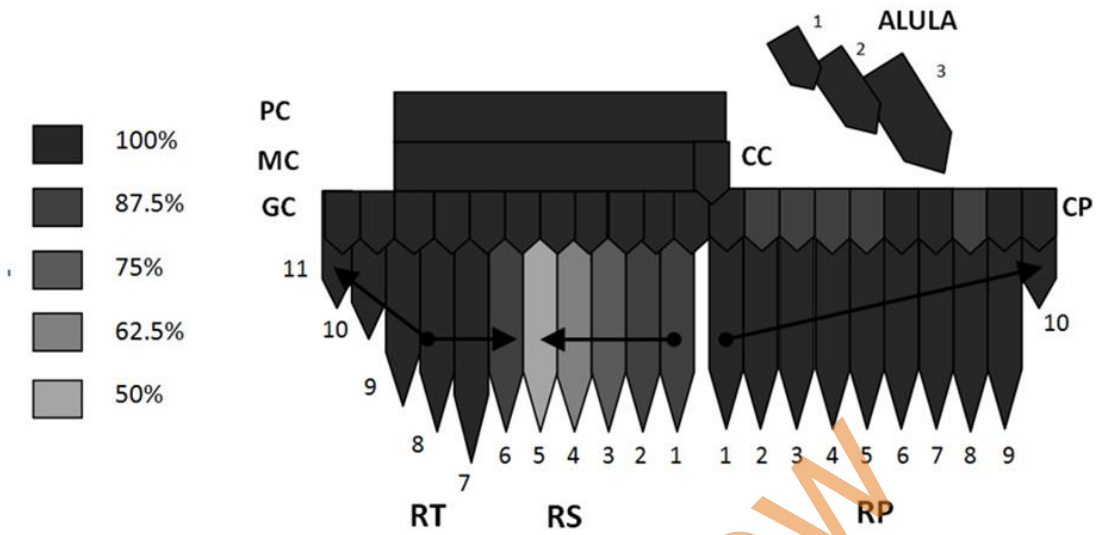


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504 Figure 11: Pattern of the post-breeding complete adult moult, sometimes arrested in the French
 505 Pyrenees (Urbina-Tobias and Grangé).



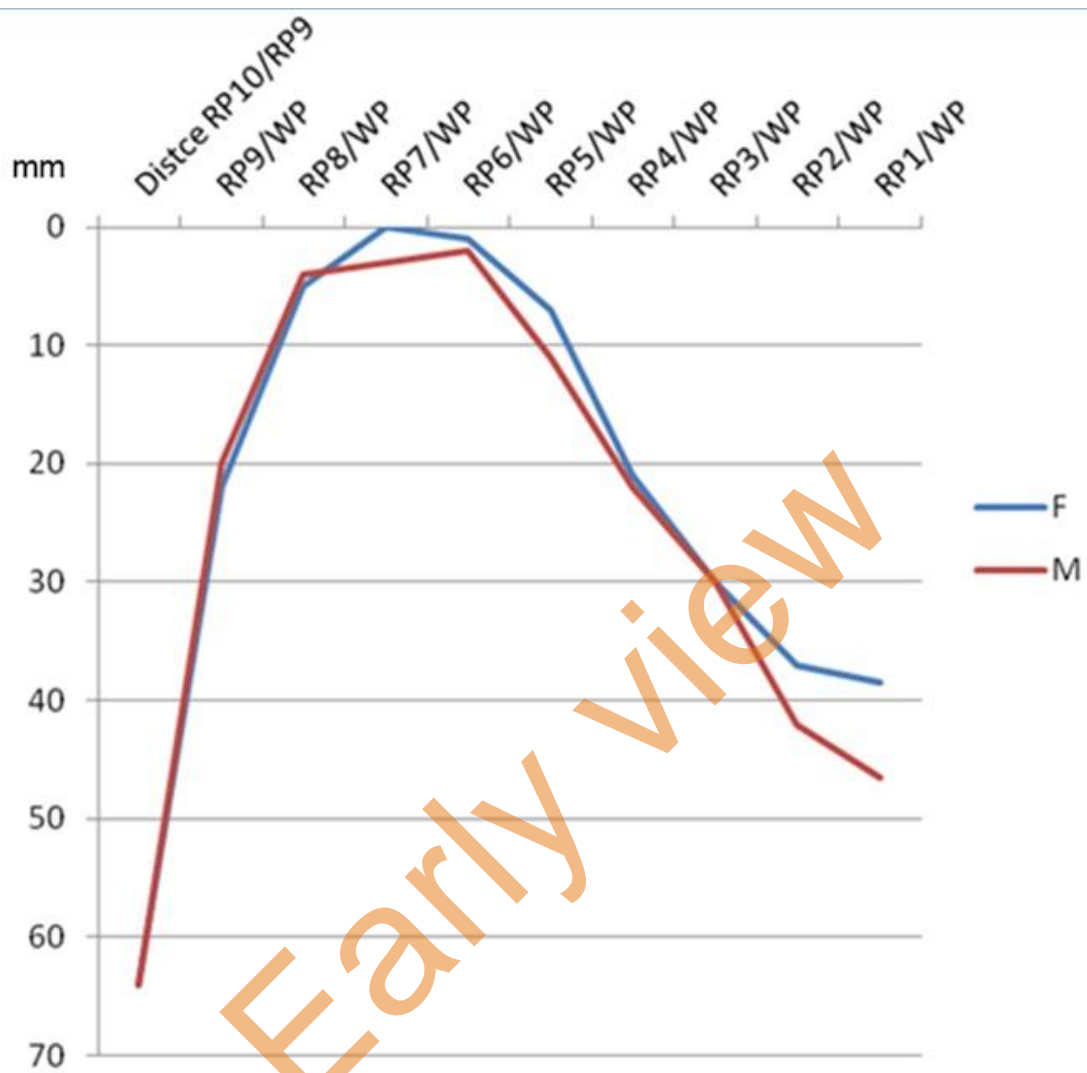
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Early view

509 Figure 12: Graphic representation of the wing formulas (distance to WP) of females and males of *lilfordi*
 510 (this study) and *leucotos* (Cramp 1985 BWP).

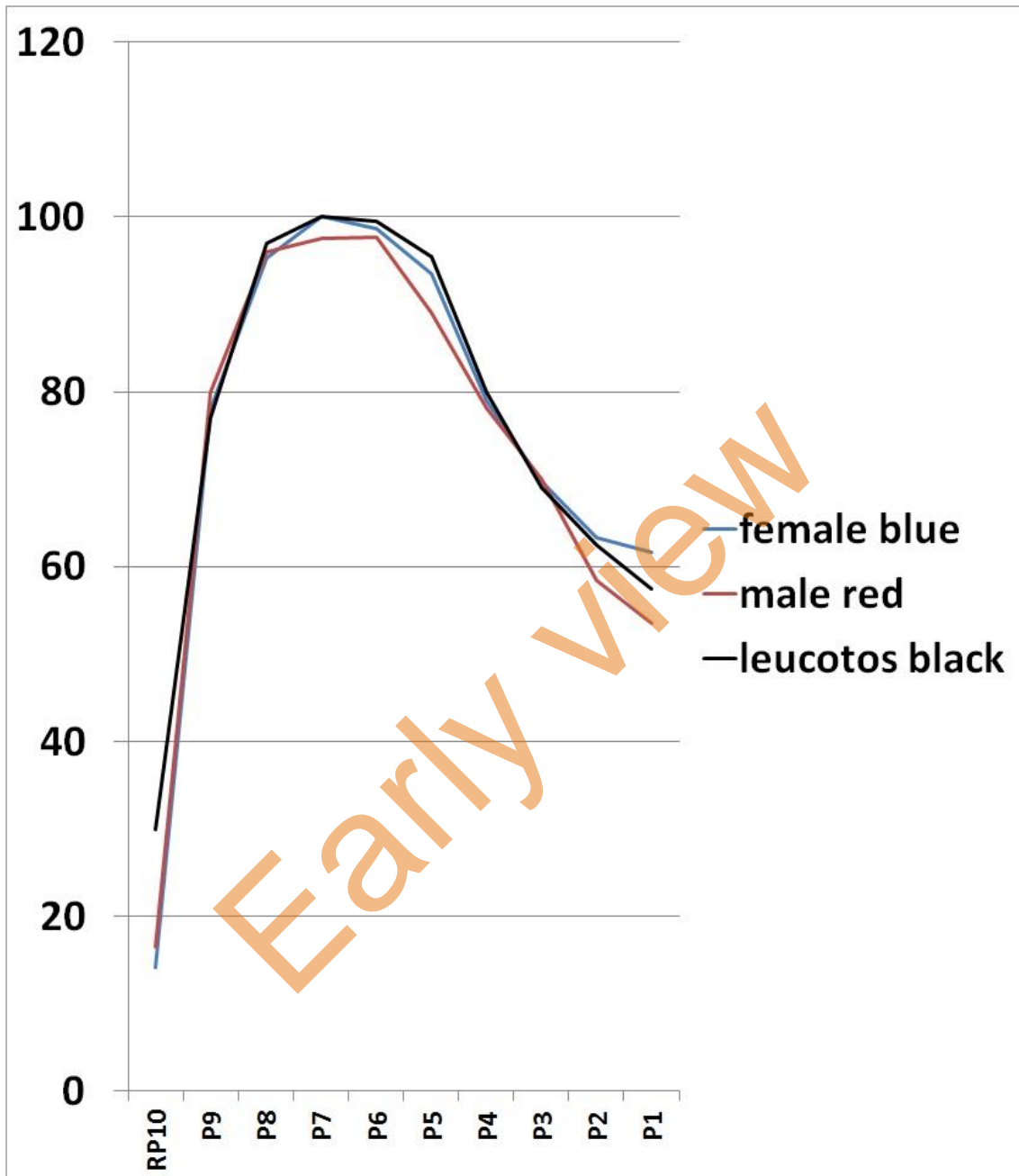


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514 Figure 13 : Graphic representation of the R lengths of females and males of *lilfordi* (this study) and
515 *leucotos* (Cramp 1985 BWP).



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520 **Tables**

521 Table 1: Male Main body measurements, wing formula and flight feathers measurements.

WP mm			
	Average	mini	maxi
P10	85	80	87
P9	20	18	22
P8	4	3	5
P7	3.5	0	5
P6	2.3	0	4.5
P5	11	4	18
P4	22	15	28.5
P3	30	24	36
P2	42	34	41.5
P1	47	35	46.5
P mm			
P10			
P9	95	93	96.5
P8	110	107	113.5
P7	117	116	118
P6	118	115	121
P5	112	105	119
P4	105	104	106
P3	100	98	101
P2	96	92	96
P1	90	90	91

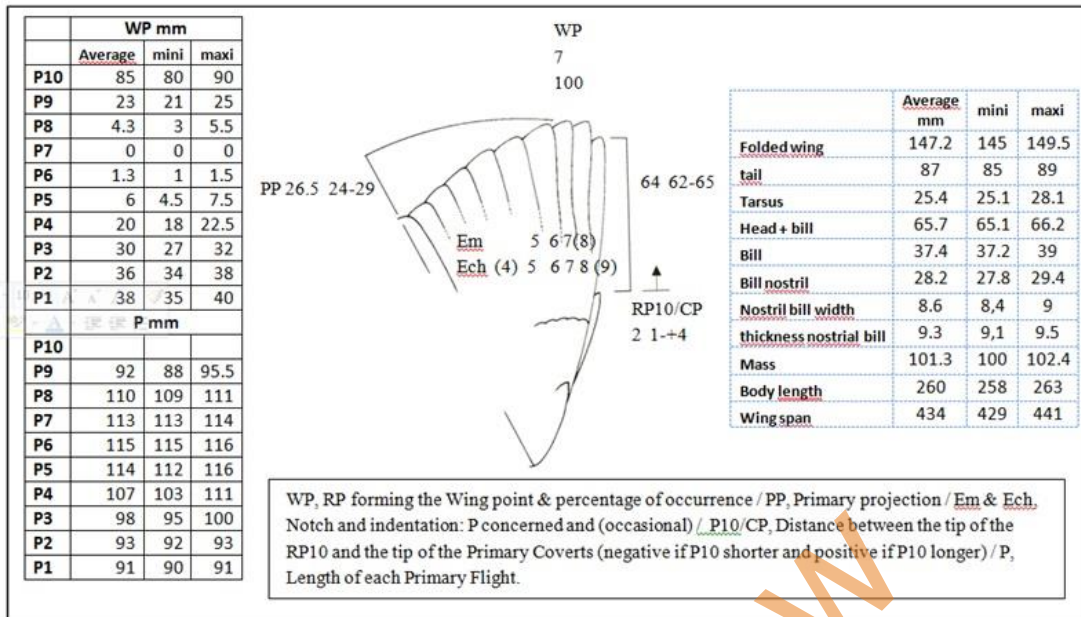
	Average mm	mini	maxi
Folded wing	148	145	153
tail	90.5	87.5	95
Tarsus	28.3	26.3	30.2
Head + bill	68.6	68.2	69.5
Bill	38.4	38	39
Bill nostril	30	28	32
Nostril bill width	10,1	8,6	13,8
thickness nostril bill	10,8	9,6	12,3
Mass	108	101.3	108.5
Body length	264	262.5	266
Wing span	453	450	455

WP, RP forming the Wing point & percentage of occurrence / PP, Primary projection / Em & Ech, Notch and indentation: P concerned and (occasional) / P10/CP. Distance between the tip of the P10 and the tip of the Primary Coverts (negative if P10 shorter and positive if P10 longer) / P, Length of each Primary Flight.

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524 Table 2: Female Main body measurements, wing formula and flight feathers measurements.



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Early view

527 Table 3: Main body measurements and flight feather measurements for each sex, all measurements in
 528 mm, Ma in g (LP: folded wing, Ma: mass, LT: Tarsus length, bill, TB head + bill, RC: rectrices length, PP:
 529 primary projection, L: length from bill to rectrices).

530

	n	LP	Ma	LT	Bill	TB	LR	P8	PP	L	Wingspan
Male	n=6	149	108	28,3	38,4	68,6	90,5	110,3	30	264	453
Female	n=4	147,2	101,3	25,3	37,4	65,7	87	109,8	26,5	260	434

531

Early view

532 Table 4: Main measurements taken and sexual dimorphism (LP: folded wing, Ma: mass, LT: Tarsus
 533 length, Bec: bill, TB head + bill, BN, bill from distal edge of the nostrils to the tip, LR: rectrices length, EB:
 534 bill width).

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	LP	Ma	LT	BILL	TB	P8	LR	EB	Bill thickness
Average percentage subtraction F-M (<0: female smaller)	-1,1%	-3%	-9%	-7%	-3,7%	0%	-2%	-14%	-16%
Wilcox.Test	14	18	24	11	44	14	20	18	24
p-value	0.7469	0.2366	0.01306	0.9133	0.013	0.7446	0.1066	0.2263	0.01142

Early view

537 Table 5: Comparison between the wing formulas of *lilfordi* and *leucotos* females and males in the
 538 literature (Cramp, BWP).

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		Length P10-P9	P9 /WP	P8 /WP	P7 /WP	P6 /WP	P5 /WP	P4 /WP	P3 /WP	P2 /WP	P1 /WP
Leucotos Literature		50,5	23	3	0	0,5	4,5	20	31	37,5	42,5
Lilfordi	F	64	22	5	0	1	7	21	30	37	38,5
Urbina-Tobias/Grangé	M	64	20	4	3	2	11	22	30	42	46,5

Early view